

MASS SCHEDULE

St. Mary's Church, Killyclogher

Sunday Mass: 9am & 11:15am
Daily Mass: 10am: Mon, Tues, Wed & Thurs
Daily Rosary: 9:10am: Mon-Saturday
Legion of Mary: Every Monday after 10am Mass

Christ the King Church, Strathroy

Sunday Mass: 12noon
Vigil: 7pm
Evening Mass: 7:30pm: Tues
Confessions: 6:15pm-6.45pm: Saturday

LENT 2026



METANOIA

Whether you're hoping to deepen your prayer life or simply want some quiet time for reflection, Metanoia offers a thoughtful and prayerful Lenten journey.

Join us on either Tuesday or Wednesday evenings

- **Tuesday evenings** at 8.00pm in Christ the King Church, Strathroy (after 7.30pm Evening Mass)
- **Wednesday evenings** at 8.00pm in St Joseph's Hall, Omagh (after 7.30pm Evening Mass)

The same session is offered on both evenings. All are welcome.

Sessions last approximately one hour and include: a 30-minute video, informal discussion and prayer.

A short trailer for the series can be found on YouTube: www.youtube.com/watch?v=4WAhYLVtiAM

(or search *Metanoia – Official Trailer*)

STATIONS OF THE CROSS

Every weekday evening during Lent, there will be a prayerful and thoughtful reflection on the Stations of the Cross in one of the six churches across our two parishes.

Monday: Sacred Heart Church, Omagh at 7.30pm
Tuesday: St Mary's, Knockmoyle at 7.30pm & St Mary's, Drumragh at 7.30pm
Wednesday: Christ the King Church, Strathroy at 7.30pm
Thursday: Corpus Christi, Mountfield at 7.30pm
Friday: St Mary's, Killyclogher at 7.30pm



LIFE IN THE SPIRIT SEMINARS

Every Thursday of Lent in the Sacred Heart Church, Omagh at 7.30pm (includes Mass).

26th March : Growth & Transformation / Fr. Owen Gorman

SUNDAY HOLY HOUR & BENEDICTION

Each Sunday of Lent - alternating between:

St. Mary's Church, Killyclogher: 1st, 3rd & 5th Sunday of Lent at 6pm
Sacred Heart Church, Omagh: 2nd, 4th Sunday of Lent & Palm Sunday at 6pm

ONLINE RESOURCES

Detailed information is available on the Lent 2026 Flyer in the Church Porch - please take one home.

FR KEVIN McELHENNON P.P: 028 8225 8108 / k.mcelhennon@derrydiocese.org
FR MALACHY GALLAGHER C.C: 028 8225 1055 / malachy.gallagher@derrydiocese.org
SVP CTK : 07738838066 SVP KC : 07738837992

MASS INTENTIONS

Sunday	29 Mar	KC	9am	<i>Months Mind:</i>	Rosemary McAleer, Woodbrook Village
Sunday	29 Mar	KC	11:15am	<i>1st Anniversary:</i>	Roma Mellon, Knocknamoe Bungalows
				<i>Anniversary:</i>	Catherine McDermott (aunt of Roma Mellon) Mary & Francie Donaghy, Mountfield
Sunday	29 Mar	CTK	12noon	<i>Anniversary:</i>	Brendan O'Donnell, Circular Road

RECENT BAPTISMS: *We welcome:* Elena Rita Fullen

RECENT WEDDINGS: *Congratulations to* Emer Travers and Adamh Devine

RECENT DEATHS: *We pray for the families of:* Sharon McGinty of Drumnakilly Rd, Dr. Pat O'Neill of Ballynahatty Rd, Veronica Kelly of Mullan Pk, Madeline Loreto McAnea of Meadowvale Pk, Eamon McGirr of Glenpark Rd, George Johnson of Ashgrove Pk and Peter McCaffrey of Laught Rd. *May they rest in peace*



PRAY FOR VOCATIONS



We pray for our seminarians and men who are considering service to the Church as diocesan priests, that their interests will be in the things of the Holy spirit who will have made His home in them (cf. St Paul to the Romans)

“DO THIS IN MEMORY OF ME”



The next “Do This In Memory of Me” Mass will take place on Sunday 29th March at 12noon in Christ the King Church, Strathroy.

THANK YOU

Knockmoyle Hall Committee would like to thank everyone who supported the Coffee Morning - or helped in any way - in Knockmoyle Hall on St. Patrick’s Day. Your generous support towards the upkeep of the hall is greatly appreciated.

MARY POPPINS MUSICAL

The Year 7 pupils of St. Mary’s PS, Killiclogher presents “Mary Poppins” in Cappagh Parish Hall on Tuesday 21st & Wednesday 22nd April 2026 at 7.30pm. Tickets are available to purchase from the school office (Adult: £7.50/ Child: £5). Please come along - all welcome!

ONE DAY RETREAT - “IN THE STILLNESS: FAITH IN A BUSY WORLD”

Lough Derg, Co Donegal / Saturday 25th April 2026 / Boat departs at 9.30am

This retreat is open to young adults aged 18-35 and free to attend, thanks to the support of the Knights of St. Columbanus. Registration is essential: www.eventbrite.com/e/young-adult-retreat-day-18-35yrs-tickets-1984550442797?aff=ebsdoporgprofile. The retreat offers young adults the chance to pause and reconnect with faith in the peaceful setting of Lough Derg. The day will conclude with the Celebration of the Eucharist at 5pm, which is open to the public.

ACCORD FACILITATORS NEEDED FOR MARRIAGE PREPARATION PROGRAMME

Accord is inviting volunteers to train as facilitators, supporting couples preparing for the Sacrament of Marriage. Facilitators work as part of a small local team and help lead up to four programmes each year. Free professional training is provided. Email: marriagepreparation@accord.ie Closing date to apply: 29 May2026.

PARISH ENVELOPES : DISTRIBUTORS NOTICE

KC: Distributors can collect their boxes of envelopes from the parish office - during office opening times - from Wednesday 18th March.

If you haven't distributed the envelopes before, but feel you could volunteer to distribute in your park/area, please contact the parish office. Many hands make light work! We would really appreciate your help.

CTK: Distributors can collect the envelopes in Christ the King Church from Anthony.

KM & MF: Distributors will be contacted.



PARISH OFFICE OPENING HOURS: MONDAY –THURSDAY: 9AM-5PM (closed 1-1.30pm)

Contact: Phone 028 8224 3375 or Email info@cappaghparish.com.

Anniversary Mass Bookings: Please note that a Requiem Mass takes precedence and therefore your booking is subject to change.

WATCH MASS LIVE ON THE PARISH WEBCAM: www.cappaghparish.com

Webcam live streams only. The recording of services broadcast on the webcam ***must be requested in advance*** by contacting the parish office on 028 8224 3375 or speaking with the priest (outside of office opening hours)

Safeguarding Notice

If you have any concerns with regard to Safeguarding children or adults in need of protection within the Church, please contact Marie Gormley, the Diocesan Designated Liaison Person (DLP) on 075 9650 0793 | marie.gormley@derrydiocese.org